

**PELLETIER & KILLIAN PHYSICAL THERAPY**  
**Intake Form for New Episode**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Your condition/diagnosis requiring physical therapy: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Physician phone number: \_\_\_\_\_

When did pain start: \_\_\_\_\_ Date of injury: \_\_\_\_\_

Describe nature of problem: \_\_\_\_\_

Is this workers compensation or an automobile injury? Y or N (circle one if applicable)

Tests done and findings: \_\_\_\_\_

Insurance company the same as previous? Y or N (circle one)

If no, please provide us with updated copy of your insurance card.

**Signature:** \_\_\_\_\_

**\* I hereby allow this facility to treat and submit all bills and accompanying information to my insurance company for compensation. I also consent to treatment by the licensed personnel of this facility.**

**\* For your information, we will be sending your PT evaluation and re-evaluations, to your physician for signature to certify your plan of care, as required by Medicare. This needs to be signed within 30 days of your initial visit, in order for insurance to cover your visits.**

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Date: \_\_\_\_\_

Name: \_\_\_\_\_

Chief Complaint or Symptoms you are having: \_\_\_\_\_

Past (or current) treatment undergone for this problem (chiropractor, acupuncture, PT)

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Please indicate if you are active in an exercise program, either currently or in the past before symptoms started. \_\_\_\_\_

When did your symptoms start?

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We need to know what your level of discomfort is on a pain scale, 0-10 (10 being the worst), so that we can formulate functional goals for your recovery.

Current \_\_\_\_\_ Best \_\_\_\_\_ Worst \_\_\_\_\_

Constant \_\_\_\_\_ Frequent \_\_\_\_\_ Occasional \_\_\_\_\_

with what activity, primarily? \_\_\_\_\_

Any recent injuries, or life stressors, that may be contributing factors (accidents, falls, MVA)?

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Please circle any of the following conditions you have experienced:

Neck or back conditions      Carpal Tunnel Syndrome      Frozen shoulder      Rotator Cuff

Knee pain/surgery      Ankle disorders      Plantar fasciitis      Hip issues

Numbness/tingling      Restless legs      Can't relax      Dissociate

Headaches      Vertigo or PTSD      Spiritual experiences      Head injury

Dizziness      Generalized weakness      Chronic fatigue      Depression

Hearing loss      Tinnitus      Visual loss      Visual issues

Stomach issues      Heart issues      Thyroid issues      Diabetes

Recent weight loss      Pregnancy      Other \_\_\_\_\_

Any Medications? \_\_\_\_\_  
\_\_\_\_\_

Past Medical, Surgical, and Orthopedic History (and dates):

\_\_\_\_\_  
\_\_\_\_\_

Rate your overall health:    poor    satisfactory    good    excellent (circle one)

What are you most concerned about with regards to your current state of health?

\_\_\_\_\_

What alternative approaches do you use to address your condition (meditate, breath, nutrition, yoga, tai chi, frequency raising devices, oils, etc)?

#### FUNCTION

What repetitive activities/hobbies do you do in daily life (computer, garden, reading)?

\_\_\_\_\_

What positions or activities cause your pain?

\_\_\_\_\_

What positions or activity alleviate you pain?

\_\_\_\_\_

#### DAILY STRESSORS

What are daily situations that are causing you the most frustration in life now?

\_\_\_\_\_

Any difficulty sleeping? \_\_\_\_\_

Any difficulty dealing with life, in general right now? \_\_\_\_\_

Any increased anxiety, since dealing with this current issue/body pain condition?

\_\_\_\_\_

*Thank you for taking the time to answer these questions that help us formulate your personal treatment plan. We are here to serve you in your return to a more whole, and natural, wellness state of being.*

*Sincerely, the staff at Pelletier & Killian Physical Therapy*

**CONSENT TO APPOINTMENT REMINDERS**

I, \_\_\_\_\_, give permission to  
Pelletier & Killian Physical Therapy to send me an: (fill in contact preference)  
e-mail \_\_\_\_\_  
or a text message at \_\_\_\_\_  
to remind me of my appointment(s) for Physical Therapy.

Sincerely: \_\_\_\_\_

Date: \_\_\_\_\_